



2008 PIKE COUNTY HEALTH AND RESOURCE FAIR

*Showcasing health resources within Pike County,
focusing on those that promote physical, mental, emotional and social health*

*Thursday, May 8, 2008 10:00 am – 2:00 pm
Crossroads Center, 125 W. Jefferson, Pittsfield, IL 62363*

- 2008 HEALTH AMBASSADORS -

Paula Hawley, Pikeland School Rodger Hannel, Western School
Don Peebles, Pleasant Hill School Kent Hawley, JWCC
Andrea Allen, Griggsville/Perry School

- FREE HEALTH SCREENINGS -

Blood Pressure, Blood Sugar, Bone Density, Colon Cancer Kits

- HEALTH EDUCATION SPEAKERS -

Continuous throughout the Health Fair, speakers will provide 20 minute presentations on: Nutrition for Good Health; the Benefits of Physical Activity; and Stress Management Strategies

**Over 50 exhibitors promoting health and wellness
Door Prizes and Demonstrations**

SPONSORED BY: Illini Community Hospital - Pike County Health Department
John Wood Community College - U of I Extension, Pike County

UNDERWRITTEN BY: Illini Community Health Care Foundation - IDPH, Office of Women's Health
Pike County Community Health Partnership

The Health Fair is open free to the public!